Celebrate Older Americans Month on Tuesday at the engAGE in Community Expo at Clackamas Community College.

"Age-friendly Communities – Safe Today: Healthy Tomorrow" is the theme of this year’s event happening from 9 a.m. to 3:30 p.m. at 19600 Molalla Ave.

AARP of Oregon, Elders in Action, Oregon Long Term Care Ombudsman, Veterans Services and more than 20 other age-friendly vendors will provide information on services and resources available in Clackamas County.

Topics include healthy eating, active living, fall prevention, consumer fraud protection, housing options, transportation safety, and age-friendly businesses.

"We are really excited that most all of the Clackamas County senior and community centers will be represented at the expo this year," said Margaret McNamara of Clackamas County Health, Housing and Social Services.

Participants include the Canby, Lake Oswego, Milwaukie, Molalla, Oregon City, Sandy and West Linn centers.

"Our community centers epitomize the spirit of our expo theme this year," McNamara said. "They are a lifeline and backbone for so many individuals and families in our communities. They do so much and are fiercely dedicated to the well being of not only seniors and older adults in our communities, but for everyone."

Highlights also include exhibits, speakers and giveaways.

Lunch items will be available for purchase in the Gregory Forum.

Event sponsors also include the college, AARP of Oregon and the Oregon State University Extension Service.

Event admission is free. For registration and a schedule of events, visit www.clackamas.us/socialservices/engage.html or call 1-887-926-8300.
-- Vickie Kavanagh

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